

# DIABETES FOOT PROBLEMS: **WHEN TO SEE YOUR DOCTOR**

Visit your regular doctor or foot doctor if you have any of these symptoms:



**Tingling, burning, or pain in your feet.**

**A change in the color and temperature of your feet.**

**Dry, cracked skin on your feet.**

**Loss of feeling or ability to sense heat or cold.**

**Thick, yellow toenails.**

**Loss of hair on your toes, feet, and lower legs.**

**A fungus infection, such as athlete's foot, between your toes.**

**An ingrown toenail or a sore, such as a blister, ulcer, or infected corn.**

**LEARN MORE:** [www.cdc.gov/diabetes/library/features/healthy-feet.html](http://www.cdc.gov/diabetes/library/features/healthy-feet.html)

