

PrEP 101

If you don't have HIV but are at risk, PrEP can help you stay free from HIV.

WHAT IS PREP?



- PrEP (pre-exposure prophylaxis) can be pills or shots that reduce your chances of getting HIV.
- PrEP can stop HIV from taking hold and spreading throughout your body.
- Only condoms protect against other STDs like syphilis and gonorrhea.



IS PREP RIGHT FOR YOU?

PrEP can help protect you if you **DON'T** have HIV and **ANY** of the following apply to you.

You have had anal or vaginal sex in the past 6 months and

- have a sexual partner with HIV (especially if the partner has an unknown or detectable viral load),
- have not consistently used a condom, or
- have been diagnosed with an STD in the past 6 months.

You inject drugs and

- have an injection partner with HIV, or
- share needles, syringes, or other drug injection equipment (for example, cookers).



You have been prescribed PEP (post-exposure prophylaxis) and

- report continued risk behavior, or
- have used multiple courses of PEP.



If you have a partner with HIV and are considering getting pregnant, talk to your health care provider about PrEP if you're not already taking it.

VISIT YOUR HEALTH CARE PROVIDER

- To find out if PrEP is right for you.
- Routinely as recommended for follow-up visits, HIV tests, and prescription refills or shots.
- If you have any side effects while taking PrEP that become severe or don't go away.
- If you don't have a provider, visit www.prelocator.org.



HOW CAN YOU GET HELP TO PAY FOR PREP?



- Most insurance programs and state Medicaid plans cover PrEP. You may also receive co-pay assistance to help lower the cost of PrEP.
- The *Ready, Set, PrEP* program makes PrEP available at no cost to those who qualify. Learn more at www.readysetprep.hiv.gov.
- *ViiVConnect* offers a program to help patients pay for PrEP shots. Learn more at www.viivconnect.com.
- If you don't have insurance, consider enrolling in an insurance marketplace, PrEP assistance program, or your state's Medicaid plan, if you are eligible.
- Learn more about paying for PrEP at www.cdc.gov/hiv/basics/prep/paying-for-prep.



Scan to learn more!

For more information, please visit www.cdc.gov/hiv/basics.

